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Printable Pantry &amp; Prep Checklist • Make Dog Food at Home

# Homemade Dog Food — Pantry & Prep Checklist

Print and keep on your fridge or inside your meal-prep bin. Reprint after any recipe/supplement change.

## Owner & Dog

Dog

Weight (lb/kg)

Vet / Phone

## Ingredients on Hand

- |  |   |
|--|---|
| <input type="checkbox"/> Lean chicken / turkey       | <input type="checkbox"/> Lean beef / pork             |
| <input type="checkbox"/> Organ meats (liver/heart)   | <input type="checkbox"/> Eggs (optional)              |
| <input type="checkbox"/> Rice / oats / potatoes      | <input type="checkbox"/> Sweet potatoes / quinoa      |
| <input type="checkbox"/> Carrots / green beans       | <input type="checkbox"/> Spinach / zucchini / pumpkin |
| <input type="checkbox"/> Olive/canola oil            | <input type="checkbox"/> Fish oil (EPA/DHA)           |
| <input type="checkbox"/> Low-sodium broth (palatant) | <input type="checkbox"/> Pumpkin purée (plain)        |

## Supplements (don't skip)

- |  |  |
|--|--|
| <input type="checkbox"/> Calcium (eggshell powder or Ca carbonate/citrate) | <input type="checkbox"/> Canine vitamin/mineral blend (complete DIY) |
| <input type="checkbox"/> Fish oil (dose per kg BW)                         | <input type="checkbox"/> Vitamin E (if your plan requires)           |

## Tools & Safety

- |   |   |
|---|---|
| <input type="checkbox"/> Digital kitchen scale              | <input type="checkbox"/> Instant-read thermometer           |
| <input type="checkbox"/> Sheet pans for rapid cooling       | <input type="checkbox"/> Freezer-safe containers/bags       |
| <input type="checkbox"/> Labels + marker (date/recipe/kcal) | <input type="checkbox"/> Separate cutting boards (meat/veg) |

## Batch Planner

Recipe / Protein

Target batch kcal

Daily kcal (MER)

kcal per gram (recipe)

Grams/day

Freezer Inventory

Recipe	Portion size (g)	kcal/portion	Packs in freezer	Date cooked

Shopping List (next batch)

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