



A Guide To How To Teach Simple Dog Handshake At Home



Dogs are one of the first animals to be domesticated for more than 18,000 years. In fact, they can understand up to 250 words and gestures, count to 5 and perform some basic calculations. So you can train and teach simple handshakes.

Hand-shake dog training is a fun way to impress your friends or those around you. It is important that in this way you can teach them to become docile and stick with you.

This very cute handshake tutorial can be effectively trained at home by the method below.

How to teach a dog a simple handshake - easy to do at home

Step 1: Teach the dog to sit

Before teaching the dog to shake hands, you have to teach dogs sitting because they can only shake hands when sitting. If your dog does not know where to sit when you ask, you can guide them. First, you should hold the food in your hand and open the palm of your hand so the dog can see and smell the food.

Then, when the dog is focusing on the food in your hand, you can raise the food overhead. You should do it slowly to keep your attention on food. When they have raised their heads to follow the food, they will sit down reflexively. By sitting down, they can keep track of the food on their heads.

When your dog is sitting down, do not rush food for them because it is not your ultimate goal. If you do, your dog will misunderstand that you are asking them to sit down!

Step 2: Hide the food behind

After the dog sits down, you slowly sit down facing them. Let them see the food in your hand and do not let them grab the food. Instead, hide the food behind your back and still ask them to sit in place. You should not let them run around behind you for food.

Step 3: Teach the dog to act

When dogs know that you are holding their favorite food, they hide their food behind you, and they will try to get it from you. This is the right time for you to teach them what to do to get food. One hand holds food behind your back, the other hand can come out and wait until they poke your hands.

You have to be patient! Do not loudly order them now, let them automatically put their feet in front of your hands for food. Then clench your feet, do the right hand shake and instant food for them. You should repeat this method 4-5 times with a duration of 5-10 minutes.

Step 4: If the dog does not act

The case when you hold out, but they do not understand you. When they smell their hands or lick you, ignore them. Do not rub your head or show affection. This is very easy for them to misunderstand that you want them to lick your hands.

When they still do not move their feet, use their hands to grasp their forelegs and do handshake. You can praise it during and after doing so that they gradually understand that you want them to stick to you. When your dog still does not understand, you can repeat this action repeatedly. Until they have begun to poke at you, hold their hands for a few seconds before rewarding food.

Improve hand-to-hand teaching techniques

When your dog knows when to shake hands, do not stop because this is not the end goal. You improve [your training](#) as soon as you do not have food, and do not have to pay for food when they do it right.

Step 1: Stop using bonus food

Take out food and stop eating dog food when they shake hands. You should slowly do this for them to gradually get used to, instead use the word praise, gestures of caressing like rubbing his head, stroking them when they do right. In addition, you can have other rewards like walking or playing with them.

First, let them see that you have nothing in your hand. Then you reach out and wait for them to shake hands. As a habit, they will give you a hand, you can praise them. But then you do not get food for them. You should keep practicing until they automatically shake hands without rewarding food.

Step 2: Raise the difficulty level

When your dog has mastered the hand shake, give them some more challenges. You can wait while they are distracted, not paying attention to crowded places and asking them to shake hands. You need to train them in different situations so your dog will "perform" better handshakes.

Step 3: Teach the dog to shake hands with the other hand

You should practice them with both legs. After they have mastered a familiar foot, continue with the other leg. You should follow the same training sequence as before. In that, you change the handle of food and only reward dogs when they catch the right hand.

Step 4: Use the command "shout"

This is the highest challenge for them. Use the command in the process of training them. For example, you can use the "catch" command for the left leg and use the "hand" command for the right foot. Or simply the command "Left" - "Right" so they can distinguish themselves and comply with your request.

Dog food training during training

Bonus food is considered to be a rewarding and rewarding method even in dog training. However, if you abuse this, you are afraid that you will make the habitual dog work only when there is food. More importantly, [you use dog food to reward them](#), not bribes.

When you ask a dog to do something, they do it for you and you reward them. This is a reward. If you ask them to do something that is familiar but they still do not. Ask them again, use food, snacks and bonuses or dog bones to lure them to do what you want. This is a bribe that when training your dog you need to avoid.

Also, when using bonuses in training you should use [soft and small](#), [avoid the dog eat more easily lead to obesity](#). At the same time, it can help them eat fast, saving time during exercise.

Important notes when teaching dog shaking hands

Unlike some other animals, dogs are not highly self-reliant and they desperately need human attention. Also, in the process of training dogs, you must definitely pay attention to mood and regulate your mood, avoid negative things to them.

Not every training day is perfect and you have to be patient during training. Do not hurry or blame your dog. Instead, you should change behaviors and attitudes to encourage their confidence and confidence. If your mood is calm then the learning process of the dog is easier.

Your anger and frustration will make them bad. If your dog is scared, he or she will not learn anything, not even trust you. So, be patient, do not try to force them. When their moods are so bad, you should stop practicing and can lead them out, or play with them.

Also, when they do something wrong, you should not get angry by raising your voice or kicking. That really is not necessary. A professional dog trainer said: I just plainly say "No" to let him know

that I'm not happy with what he does. He added: "Dogs are smart enough to know when you reward, when you blame."

Hopefully with a little experience this will help you better care for your dog!

Goodlucky!!



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