| Turkey & Rice — Recipe Card |                                     |                            |  |  |
|-----------------------------|-------------------------------------|----------------------------|--|--|
| Cook Date E                 | atch kcal<br>≈ <b>1,800</b>         | kcal/gram<br><b>≈ 1.27</b> |  |  |
| Ingredient                  |                                     | Cooked g                   |  |  |
| 93% lean ground turkey      | 93% lean ground turkey              |                            |  |  |
| White rice (cooked)         |                                     | 300                        |  |  |
| Carrots + green beans       |                                     | 200                        |  |  |
| Oil (olive/canola)          |                                     | 15                         |  |  |
| Supplement                  | Exact Dose                          |                            |  |  |
| Calcium (elemental)         | ≈ 1,800–2,000 mg / batch            |                            |  |  |
| Canine vit/min blend        | Per label for 1,800 kcal batch      |                            |  |  |
| Fish oil (EPA+DHA)          | Add at feeding: 50–100 mg/kg BW/day |                            |  |  |

| Turkey & Rice — Recipe Card |                            |                   |  |  |
|-----------------------------|----------------------------|-------------------|--|--|
| Cook Date                   | Batch kcal<br>≈ 1,800      | kcal/gram  ≈ 1.27 |  |  |
| Ingredient                  |                            | Cooked g          |  |  |
| 93% lean ground turkey      |                            | 900               |  |  |
| White rice (cooked)         |                            | 300               |  |  |
| Carrots + green beans       |                            | 200               |  |  |
| Oil                         |                            |                   |  |  |
| Supplement                  | Exact Dose                 |                   |  |  |
| Calcium                     | ≈ 1,800–2,000 mg           |                   |  |  |
| Vit/min blend               | Per label                  |                   |  |  |
| HowDogCare.com<br>Fish oil  | 50–100 mg/kg/day (EPA+DHA) |                   |  |  |

| ook Date                   | Batch kcal            | kcal/gram        |  |
|----------------------------|-----------------------|------------------|--|
| cook Date                  | ≈ 1.800               | ± 1.27           |  |
| Ingredient                 |                       | Cooked g         |  |
| 93% lean ground to         | ırkey                 | 900              |  |
| White rice (cooked         | )                     | 300              |  |
| Carrots + green be         | ans                   | 200              |  |
| Oil                        |                       | 15               |  |
| Supplen                    | nent                  | Exact Dose       |  |
| Calcium                    | ≈ 1,800 <b>–</b> 2,00 | ≈ 1,800–2,000 mg |  |
| Vit/min blend              | Per label             | Per label        |  |
| HowDogCare.com<br>Fish oil | 50-100 mg/            | 50–100 mg/kg/day |  |

| Turkey & Rice — Recipe Card |                |                  |                 |  |
|-----------------------------|----------------|------------------|-----------------|--|
| Cook Date                   | Batch k        | ccal             | kcal/gram       |  |
|                             | <u>≈ 1,800</u> |                  | ≈ 1. <u>2</u> 7 |  |
| Ingredient                  |                | Cooked g         |                 |  |
| 93% lean ground turk        | urkey          |                  | 900             |  |
| White rice (cooked)         | oked)          |                  | 300             |  |
| Carrots + green bean        | n beans        |                  | 200             |  |
| Oil                         |                |                  | 15              |  |
| Suppleme                    | nt             | Exact Dose       |                 |  |
| Calcium                     |                | ≈ 1,800–2,000 mg |                 |  |
| Vit/min blend               |                | Per label        |                 |  |
| Fish oil                    |                | 50–100 mg/kg/day |                 |  |

## **Feeding Notes & Portions**

| Dog / Size | kcal/day (ex) | Grams/day | Meals/day |
|------------|---------------|-----------|-----------|
| Тоу        | ~220          | ~173 g    |           |
| Small      | ~400          | ~315 g    |           |
| Medium     | ~750          | ~591 g    |           |
| Large      | ~1,300        | ~1,024 g  |           |
| Giant      | ~1,800        | ~1,417 g  |           |

kcal/g  $\approx$  1.27. Adjust  $\pm$ 5–10% based on weekly weight & body condition.

HowDogCare.com

## **Feeding Notes & Portions**

| Dog / Size | kcal/day | Grams/day | Meals/day |
|------------|----------|-----------|-----------|
| Тоу        | ~220     | ~173 g    |           |
| Small      | ~400     | ~315 g    |           |
| Medium     | ~750     | ~591 g    |           |
| Large      | ~1,300   | ~1,024 g  |           |
| Giant      | ~1,800   | ~1,417 g  |           |

HowDogCare.com

## **Feeding Notes & Portions**

| Dog / Size | kcal/day | Grams/day | Meals/day |
|------------|----------|-----------|-----------|
| Тоу        | ~220     | ~173 g    |           |
| Small      | ~400     | ~315 g    |           |
| Medium     | ~750     | ~591 g    |           |
| Large      | ~1,300   | ~1,024 g  |           |
| Giant      | ~1,800   | ~1,417 g  |           |

How Dog Care.com

## **Feeding Notes & Portions**

| Dog / Size | kcal/day | Grams/day | Meals/day |
|------------|----------|-----------|-----------|
| Тоу        | ~220     | ~173 g    |           |
| Small      | ~400     | ~315 g    |           |
| Medium     | ~750     | ~591 g    |           |
| Large      | ~1,300   | ~1,024 g  |           |
| Giant      | ~1,800   | ~1,417 g  |           |

HowDogCare.com