

Beef & Sweet Potato — Recipe Card

Cook Date Batch kcal kcal/gram

 ≈ 2,000 **≈ 1.42**

Ingredient	Cooked g
90% lean ground beef	900
Sweet potato (roasted, mashed)	350
Spinach + zucchini	150
Oil (safflower/canola)	15

Supplement	Exact Dose
Calcium (elemental)	≈ 1,800–2,000 mg / batch
Canine vit/min blend	Per label for 2,000 kcal batch
HowDogCare.com Fish oil (EPA+DHA)	Add at feeding: 50–100 mg/kg BW/day

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Feeding Notes & Portions

Dog / Size	kcal/day (ex)	Grams/day	Meals/day
Toy	~220	~155 g	
Small	~400	~282 g	
Medium	~800	~563 g	
Large	~1,300	~915 g	
Giant	~1,800	~1,268 g	

kcal/g ≈ 1.42. Adjust ±5–10% based on weekly weight & body condition.

HowDogCare.com

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